**Great Dance CD sources:**

The Learning Station

[](http://images.google.com/imgres?imgurl=http://www.srotheater.org/Children%20Dancing.jpg&imgrefurl=http://www.srotheater.org/Frivolity.htm&usg=__GZQekiRcHfXs9gdeoDr-diUM7z8=&h=374&w=472&sz=34&hl=en&start=42&tbnid=MNDbQG6VM3q3fM:&tbnh=102&tbnw=129&prev=/images?q=children+dancing&gbv=2&ndsp=20&hl=en&sa=N&start=40)Do-Re-Me and You!

Silly Will Workout

LeAnn Haggard: Funky Fitness Fun

Kinderman

Ronno

Mr. Al

Peter and Ellen Allard

KIMBO Educational

**Dance and Movement can be taught and used at:**

Transitions

Clean up

Meetings/ circles

Outside

Before meals

Activities

**Dance and Movement will teach children:**

Impulse control

Body space

Spatial awareness

Fine motor

Social studies/ history

Language development

Gross motor

Self -esteem